



# Pagosa Springs July Menu 2010



Su	Monday	Tuesday	Wednesday	Thurs	Friday	Sa
				1 Administrative Day	2 Roast Turkey with Gravy Cornbread Stuffing Cauliflower and Broccoli with Cheese Sauce Cranberry Mold Whole Wheat	3
4	5 Closed	6 Hawaiian Chicken Salad Confetti Slaw Brown Rice Peaches	7 Roast Beef with Gravy Mashed Potatoes Green Beans with Tomatoes Apricot Peach Compote Whole Wheat Roll	8 Administrative Day  Pancake Breakfast 7-9:00 am	9 Chicken Fajita Lettuce and Tomato Cilantro Rice Cabbage and Red Peppers Grapes	10
11	12 Sloppy Joe on a Bun Baked Potato Broccoli and Carrots Apple	13 Fish Creole Cheesy Potatoes Squash and Onions Peaches Whole wheat Roll	14 Teriyaki Chicken Brown Rice Spinach Mandarin Salad Tropical Fruit Whole Wheat Roll	15 Administrative Day	16 Spinach Lasagna Salad Green Beans Orange Breadsticks	17
18	19 Pasta with Clam Sauce Five Way Veggie Zucchini Squash Peaches Whole Wheat Roll	20 Roast Chicken with Mushrooms, Brown Rice Cauliflower and Broccoli Apple Pear Salad Whole Wheat Roll	21 Corned Beef Parsley Potatoes Cabbage and Carrots Rye Bread	22 Administrative Day	23 Turkey Jambalaya Zucchini and Squash Rice Orange Breadstick Cookie	24
25	26 Hamburger Lettuce, Tomato and Onions Baked Beans Potato Salad Watermelon	27 Roast Pork Mashed Potatoes Parslied Carrots Jello Multigrain Bread	28 Enchilada Pie Lettuce and Tomato Yellow Squash Mixed Fruit Whole Wheat Tortillas	29 Administrative Day	30 Honey Barbeque Chicken Oven Browned Potatoes Spinach Pears Roll	31