



June Activities 2010



S	Monday	Tuesday	Wednesday	Thurs	Friday	Sa
		1 12:30 Gym Walk 1:00 Mediation for Healing	2 10:00 Dance for Health 1:00 Poker 1:00 Writing for Generations	3 Administrative Day	4 9:00 Geezers 10:00 Stichin' in the Kitchen 11:00 Tai Chi 12:30 Gym Walk 12:45 Gayle Tuggle 1:00 Parkinson's Support Group	5
6	7 12:30 Gym Walk 1:00 Canasta	8 10:00 Chair Massage 12:30 Gym Walk 12:45 Biz Greene Fitness Walking 1:00 Mediation for Healing	9 10:00 Dance for Health 1:00 Poker June Nutrition Education	10 Pancake Breakfast 7-9:30 am Administrative Day	11 9:00 Geezers 10:00 Stichin' in the Kitchen 11:00 Tai Chi 12:30 Gym Walk 1:00 ASI BOARD Meeting	1 2
1 3	14 12:30 Gym Walk 12:30 Tessa Michaelson "Readers Digesting" 1:00 Canasta	15 12:30 Gym Walk 12:45 Jim Santee 1:00 Mediation for Healing	16 10:00 Dance for Health 1:00 Poker 1:00 <u>Sky Ute Casino</u>	17 Administrative Day	18 9:00 Geezers 10:00 Stichin' in the Kitchen 11:00 Tai Chi 12:30 Gym Walk 1:00 Water Color Open Studio	1 9
2 0	21 12:30 Gym Walk 12:45 Oscar Dominguez Travelogue 1:00 Canasta	22 1:00 FOX TROT Party 1:00 Mediation for Healing	23 10:00 Dance for Health 11:00 Blood Pressure 12:45 Fraud Presentation AARP Elderwatch 1:00 Poker	24 Administrative Day	25 9:00 Geezers 10:00 Stichin' in the Kitchen 10:30 Book Club 11:00 Tai Chi 12:30 Gym Walk PICNIC IN THE PARK BIRTHDAY LUNCH!!!	2 6
2 7	28 12:30 Gym Walk 1:00 Canasta	29 12:30 Gym Walk 1:00 Mediation for Healing	30 10:00 Dance for Health 1:00 Poker 1:00 Alzheimer's Support Group	REMEMBER TO ATTEND OUR CRAFT AND JEWELRY FAIR ON SATURDAY, JUNE 19 FROM 10:00 TO 2:00!!!!	* asterisk indicates by appointment <i>Underlining Indicate's registration required</i>	