



Pagosa Springs August Menu 2010



Monday	Tuesday	Wednesday	Thurs	Friday
2 Ham and Lima Beans Broccoli Orange Juice Cornbread	3 Beef Tacos Lettuce, Tomato, and Salsa Refried Beans Mexicali Corn Pears	4 Stewed Chicken with Olives Greek Spaghetti Spinach Karidopita Cake	5 Administrative Day	6 Lemon Baked Fish Tartar Sauce Rice Pilaf Green Beans with Mushroom Fruit Salad Whole Wheat Roll
9 White Chili with Chicken Carrot & Celery Cooked Cabbage with Red Pepper Crackers Apple	10 Tater Tot Casserole Zucchini with Onion Fresh Pear Biscuit	11 Chicken & Noodles Carrots Apple, Celery, Raisin Salad Whole Wheat Roll	12 Administrative Day	13 Cheeseburger Potato Wedges Baked Beans Coleslaw Cantaloupe
16 Beef Stew Cornbread Fresh Fruit Salad	17 Roast Chicken with Mushroom Sauce Brown Rice Cauliflower Broccoli Apple Pear Salad Whole Wheat Roll	18 French Dip with Au jus Oven Browned Potatoes Mixed Veggies Strawberry Applesauce	19 Administrative Day	20 Tuna Salad Sandwich Cucumber, Onion, Tomato Salad Fresh Peach Chocolate Pudding
23 Chicken Cordon Bleu Rice Pilaf Broccoli Apricots Whole Wheat Bread	24 Baked Ham with Raisin Sauce Green Bean Amandine Sweet Potatoes Molded Cranberry Salad Whole Wheat Roll	25 Salmon Patties Creamed Peas Brown Rice with Parsley Fresh Orange Raisin Nut Mix Whole Wheat Roll	26 Administrative Day	27 Brats on a Bun Pickled Beets Sauerkraut Baked Beans Grapes Birthday Cake PICNIC IN THE PARK
30 Sweet & Sour Chicken Brown Rice Chinese Veggies Cinnamon Applesauce Breadstick	31 Corned Beef Sandwich on Hoagie with Swiss Green Beans with Tomato Creamy Coleslaw Sliced Peaches		PANCAKE BREAKFAST: SATURDAY August 14th, 7am—10am	